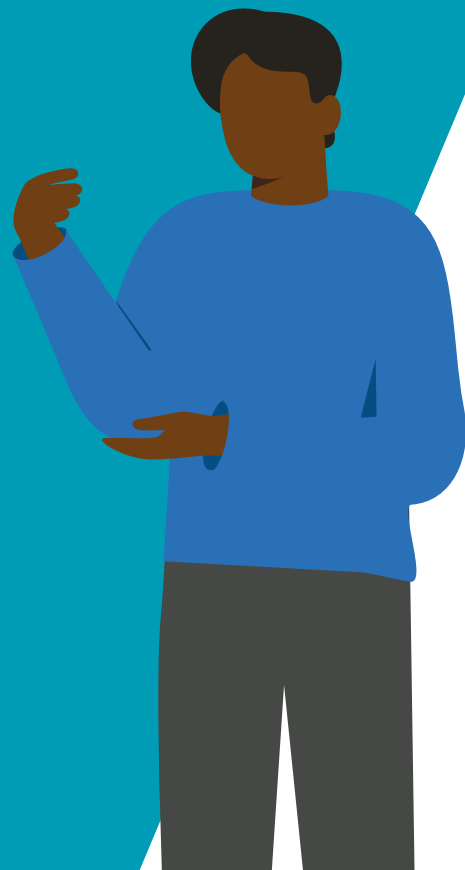


Physical therapy helps patients with tennis elbow avoid the side effects and potential overuse of medications and complications from invasive procedures.

Support policies that expand access to care and coverage for physical therapist treatment of tennis elbow.



Choosing physical therapy over alternatives to treat tennis elbow results in an average net benefit of

\$10,739

including all the hidden costs of a patient's time, pain, and missed life events; and the dollars paid for the services.

Physical therapy also helps patients:

Avoid complications from invasive procedures such as surgery and steroid injections, along with the side effects and potential overuse of topical and oral over-the-counter medications.

Gain knowledge on pain-relieving treatments they can do at home.

Reduce short-term pain and healing time.

Increase grip strength and flexibility, improving blood flow and minimizing recurrence, ultimately contributing to better health and lower risk of having conditions that could require additional health care services down the road.

Learn more about the economic value of physical therapy at ValueofPT.com

