

Physical therapy for falls prevention helps patients reduce the risk of falls, recurrence, or further injury.

Support policies that expand access to care and coverage for falls prevention.

Choosing physical therapy to prevent falls over no intervention results in an average net benefit of

\$2,144

including all the hidden costs of a patient's time, pain, and missed life events; and the dollars paid for the services.

Physical therapy also helps patients:

Increase strength, balance, and overall walking function.

Avoid the increased risk of fractures.

Learn effective balance training programs designed by physical therapists, specific to their abilities, that will reduce their risk of falling.

Learn more about the economic value of physical therapy at ValueofPT.com

