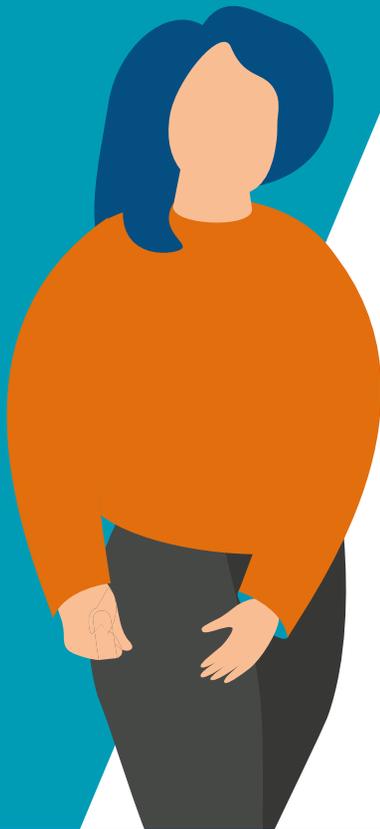


Physical therapy is a cost-effective treatment option to help patients with stress urinary incontinence avoid invasive procedures and lingering side effects.

Support policies that expand access to care and coverage for physical therapist treatment of stress urinary incontinence.



Choosing physical therapy over injections to treat urinary incontinence results in an average net benefit of

\$10,129

including all the hidden costs of a patient's time, pain, and missed life events; and the dollars paid for the services.

Physical therapy also helps patients:

Avoid lingering side effects, costs, and challenges of medications.

Improve coordination and strength of the pelvic floor muscles that control leakage — contributing to a lower risk of requiring additional health care services down the road.

Learn more about the economic value of physical therapy at [ValueofPT.com](https://www.valueofpt.com)

